NATURE'S ANSWER TO BREATHING EASIER



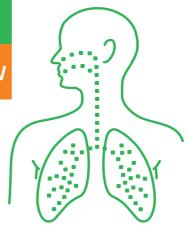
NASAL

DRY SALT INHALER

UPPER RESPIRATORY CLEANSER

INCLUDES NASAL INHALER WITH VAPOR ROD









DEEP PENETRATING SALT CRYSTALS HELP TO ALLEVIATE

- NASAL CONGESTIONS
- ALLERGY DISCOMFORTS

# DRUG FREE – SAFE & EFFECTIVE

CONTAINS: COMPLETE NASAL INHALER WITH VAPOR ROD
5 GRAMS OF NATURAL UNPROCESSED ROCK SALT CRYSTALS

HISTORY OF DRY SALT THERAPY Since ancient times, rock salt has been used to ease the symptoms of respiratory ailments such as asthma, allergies, bronchitis, sinusitis and other respiratory discomforts. Salt mine and salt chamber therapy (also known as Halo Therapy) has been popular in Europe for many years. The Inhalo DSI Inhaler uses selected therapeutic grade minerals, in natural form, that are harvested from the famous Praid salt mine in Romania. This salt is sealed in a medical grade plastic casing and contains a one way safety valve that helps prevent salt contamination and trains the user to breathe correctly in order to provide the maximum therapeutic benefit.

### **DSI NASAL PRODUCT FACTS**

#### **Product Information**

- Salt Cartridge contains 5 grams of Natural Unprocessed Rock Salt Crystals (Sodium Chloride, Magnesium and Calcium in different natural forms)
   Helps to alleviate: nasal congestion, allergy discomforts and other symptoms which may be associated with certain upper respiratory conditions.
- Vapor Rod (for Nasal Use Only\*) Soothing, cooling vapors help to alleviate nasal discomfort.
   All Natural Formula: Menthol, Essential Oil of Castor Seed, Eucalyptus, Spearment, Peppermint, Lavender, Flower Leaf & Clove.

#### **Directions** - For use by adults and children

(with vapor rod over the age of 5 years old, without vapor rod over the age of 3 years old)

## For Nasal Inhalation (upper respiratory)

- Remove cap from device.
   Gently insert nosepiece into nostril, block other nostril with your finger, and then inhale normally.
- After each inhalation, exhale through your mouth or previously blocked nostril.







**Without Vapor Rod:** use the inhaler in one continuous session for 15-20 minutes daily, or divide the use into three sessions lasting 7-10 minutes each. Use for 21 days continuously.

With Vapor Rod: Remove the Clear Lower Cap covering the cartridge. Place the Vapor Rod into the Vapor Rod holder and snap the holder into the bottom of the Salt Cartridge. Replace the Lower Clear Cap over the cartridge. Use the inhaler with nasal rod 3 times a day with each session lasting between 1-2 minutes for the first week. Gradually increase each session by 1-2 minutes each week for a total of 3 weeks. Replace top cap after each use.

Regular use of INHALO Nasal Dry Salt Inhaler promotes optimal sinus hygiene and health, helping to alleviate upper respiratory discomforts.

## Warnings

- Special Caution: Do not use inhaler in cases of severe pulmonary failure.
- \*Do not use Vapor Rod if you have any sensitivity to its ingredients
- in case of acute diseases or high blood pressure, consult a physician before use
- shared use of this device is not recommended
- this product does not replace current medication and should be used in conjunction with medically prescribed therapies upon the advice of your physician
- wipe nasal tip clean after each use
- do not allow fluids or liquids to pass through or enter device
- do not shake or drop device, as this could cause salt crystals to break apart it is important that salt crystals remain in the device to avoid any transitory irritation
- CONTAINS SMALL PARTS. KEEP OUT OF REACH CHILDREN. For children ages 3 and over requires adult supervision.

## Other information

- for reasons of hygiene replace the device 90 days after first use
- store at controlled room temperature of 15 to 30°C (59 to 86°F)
- see package for lot number
- **KEEP THIS CARD FOR FUTURE REFERENCE**

Maintenance: Periodically check for visible obstructions in the air holes located at the bottom of the device. To remove obstructions and to allow air to pass through the opening, you may have to dislodge clogged particles with a fine needle or pin. The exterior of the device may be cleaned with a damp clean soft cloth. The nosepiece may be removed and rinsed with warm tap water. Dry thoroughly before replacing.

Distributed by INHALO DSI HUNGARY KFT.

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Contents of package: 1 DSI salt inhaler + 1 menthol rod Item No 00-100-01

Lot No







